

Children's Dental Village
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IMPORTANT INSTRUCTIONS FOR TOOTH EXTRACTIONS

1. A gauze pack has been placed at the site of the extraction to help stop the bleeding and quickly form a clot. Keep this gauze in place for at least 20 minutes. If the gauze becomes saturated with blood, replace it with one of the gauze pads you received in our office. Fold the gauze in half and then in half again. After you place this folded pad on the extraction wound, tell your child to bite firmly. This direct biting pressure helps stop the bleeding. Repeat this procedure each time the gauze pad becomes saturated with blood until the bleeding stops. Once bleeding stops it is all right to leave the gauze pad out of the mouth.
2. If profuse bleeding continues (over ten pads in one hour), please call our office at once.
3. Your child has been given a local anesthetic for the extraction. Children do not always understand the numb sensation. **Please watch your child carefully as they may bite, chew or suck on their lip, tongue or cheek and may cause painful wounds in their mouth.** If a tooth has been extracted on the upper jaw, the lip and surrounding gum tissue will be numb. When a tooth is extracted on the lower jaw, the tongue may also be numb. Please give your child a liquid diet until this numbness wears off, which not unusual to take up to three hours to wear off.
4. Because your child has had a tooth extracted, certain things should be avoided for the next 2-3 days. **Do not** give your child spicy or acidic foods and beverages such as tomato, orange and soda pop. Avoid hard food, such as nuts, chips, taco shells etc. Do not allow use of a straw for 2-3 days. If your child plays a musical instrument using his or her mouth, this should be avoided for 1 week.
5. Children's Motrin may be given if your child feels any discomfort when the numbness wears off. If the discomfort does not subside after 60 minutes, call our office at once. If after office hours please follow the instructions given for the emergency service.
6. As a reminder, regular dental checkups are an important part of your child's dental health. Please remember to schedule these checkups with our Practice or another office of your choice.

If you have any questions or concerns do not hesitate to call our office.