

Patient Name: _____

Sedation Appointment: _____ at _____ am/pm

We plan to administer the following medications based on your child's overall health, weight, level of anxiety, and dental treatment recommendations:

_____ tsp _____

_____ tsp _____

_____ tsp _____

You, as parent/legal guardian, play a key role in your child's dental care. For your child's safety, please follow the instructions included in this brochure. If you have any questions about the sedation process, please ask.

Day of Appointment Checklist:

- Confirm that no solid foods or liquids were consumed 5-6 hours before the appointment. If your child eats or drinks anything during this timeframe, we cannot administer the medications.
- Should your child become ill just prior to the sedation appointment, contact our office to see if it will be necessary to postpone the appointment.
- Arrive 10 minutes before your appointment time to process any needed paperwork.
- Dress your child in loose-fitting, comfortable clothing to allow us to place monitors that evaluate your child's response to the medications and ensure your child's safety (no footie pajamas please).

Please call us if you have any questions.

Children's Dental Village

7360 S. McClintock Drive

Tempe, AZ 85283

480.838.6949



tlc@childrensdentalvillage.net

www.ChildrensDentalVillage.net



Oral Sedation Guidelines for Parents and Caregivers

Mercedes Y. Padilla, DDS

Clinton R. Lepetich, DMD

What is Oral Sedation?

At your child's examination appointment, Dr. Padilla or Dr. Lepetich may have recommended oral sedation to help reduce anxiety associated with the dental procedure/treatment that has been recommended. Sedation can also be helpful for some patients who have special needs. At Children's Dental Village, our pediatric dental specialists have received additional training and expertise in the use of oral medications.

The medications used to sedate your child will be selected based on your child's overall health, age/weight, level of anxiety and dental treatment recommended. Once the medications have been administered, it may take up to one hour before your child shows signs of sedation and is ready for treatment. Unlike general anesthesia, sedation is not intended to make a patient unconscious or fall asleep. Medications affect every child differently and do not always work; in which case an alternative treatment approach may be recommended.

Some children may experience an opposite reaction such as agitation or crying. These are potential adverse responses to the medicines and could possibly prevent us from completing the treatment.

Before your child's sedation appointment:

Please notify our office if your child experiences fever, nausea, productive cough, heavy nasal drainage and/or head trauma within 24 hours of the appointment as we may need to reschedule.

Tell us about any prescribed, over-the-counter or herbal medications your child is taking. Check with us to see if routine medications should be taken on the day of the sedation. Also, report any allergies or reactions to medications your child has experienced.

Your child must arrive with an empty stomach so the medications will work best and with fewer side effects. It is extremely important that your child have nothing to eat or drink for 5-6 hours before the appointment.

During your child's sedation appointment:

A parent/legal guardian must be present for us to administer sedation medications and must stay during the entire sedation appointment as your child may become sleepy, unsteady, or irritable. A cozy, private room will be made available for your child's comfort.

A combination of Nitrous Oxide and Oxygen may be used for added comfort. As a safety measure, a papoose board will likely be used to keep your child still and prevent sudden movements. Routine monitoring devices may be used for your child's safety.

After your child's sedation appointment:

After the treatment is completed, the Doctor will evaluate your child's health status and discharge your child when he/she is responsive, stable and ready to go. We recommend bringing someone with you for the drive home to keep your child's head in an upright position. This helps your child maintain a good airway.

Once home, your child may be groggy and want to sleep once they are in their comfortable environment. It is okay to let your child sleep; however, it is very important to periodically wake up your child to encourage clear fluids, such as water or juice. Nausea and vomiting can be side effects of sedation. If vomiting occurs, immediately clear the materials from your child's mouth. If vomiting persists for 20-40 minutes, contact our office immediately.

Restrict activities and carefully observe your child's activities for the remainder of the day. Remember your child's balance is one of the last reflexes to return to normal. Additionally, watch to see that your child does not bite, scratch or injure the cheek, lips or tongue while the local anesthetic wears off.
