

Children's Dental Village
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Post-operative instructions for patients who have received oral medications

After today's appointment:

It would not be unusual for your child to experience drowsiness the rest of the day, perhaps taking a longer nap than usual. In the case of a morning sedation, your child should feel and act normally by late afternoon or early evening. The effects of an afternoon sedation will last until the next day.

Some children experience nausea as a result of the medications. **Keep your child resting on their side or stomach** to avoid choking if they vomit. Your child may also run a slight fever and may be given Children's Tylenol or Motrin if needed.

Your child may have been given a local anesthetic for their dental treatment. Children do not always understand the sensation of being numb.

Please watch your child carefully as they may bite, chew or suck on their lip, tongue or cheek and may cause painful wounds in their mouth.

When you arrive home, if your child is awake, please give your child clear liquids to drink. Please keep in mind not all children sleep after the procedure. If your child stays awake, softer foods can be given once the numbness mentioned above wears off. If your child is sleeping when you arrive home, position them comfortably in bed. When they awaken, give your child clear liquids. When the child is fully awake, soft foods can be given.

Some ***soft food*** suggestions are: soup broth, Jello, pudding, yogurt, applesauce, ice cream or oatmeal. Your child can resume a regular diet the next day.

Please limit your child's activities for the rest of the day. We encourage quieter activities such as reading, watching movies or playing quiet games. Do not allow your child to run, play sports or swim for the rest of the day. Your child may resume their normal activity level when the numbness is wears off.

If you have any questions or concerns, please do not hesitate to call our office at (480) 838-6949. After hours, call the same number and follow the recorded instructions for calling our emergency phone number.

We recommend that your child have periodic dental examinations every six months so that dental problems can be detected and treated early. Be sure to schedule a follow-up visit in six months with our office or another dental provider of your choice.