

Children's Dental Village
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**Composite crown and Stainless Steel Crown with White Facing
Homecare Instructions**

Composite crowns and stainless steel crowns with white facings require special care.

1. Your child must be very careful when eating and chewing. We ask that your child avoid biting into hard, crunchy or sticky foods and to avoid using the teeth to tear foods. These foods (see below) can cause the crowns to break or completely come off.

Listed below are a few examples of foods which may cause breakage or cause the crowns to loosen:

- **STICKY FOODS:** taffy, caramels, gummy candies, bubble gum, fruit roll-ups, licorice, or other sticky substances.
- **HARD FOODS:** nuts, carrots, apples, hard candies, pizza crust, ice (some of these foods can be cut up into small pieces and chewed on the back teeth.)
- **CRUNCHY FOODS:** hard taco shells or chips, corn nuts
- **TEARING FOODS:** jerky, corn on the cob (cut corn off cob, cut jerky into small pieces and chew on back teeth)

2. Breakage can occur as a result of some force being placed on the tooth such as a bump to the mouth or hard foods. Accidents involving bumps to the teeth, night-time teeth grinding and chewing on items such as toys, pens and pencils, can also cause breakage or loss. Please be careful as there will be a fee to replace or repair the crown.
3. Brush the crowns using a soft toothbrush and floss as you would their natural teeth, concentrating on the gumline.
4. If crown is placed on a baby tooth, the tooth will fall out on its own in the usual manner.
5. If the crown should become loose or completely come off the tooth, please save the crown. Phone the office as soon as possible so this can be evaluated.
6. Your child may have been given a local anesthetic for their dental treatment. Children do not always understand the sensation of being numb.

Please watch your child carefully as they may bite, chew or suck on their lip, tongue or cheek and may cause painful wounds in their mouth.

***We recommend a soft diet until the numbness wears off.
Soft food suggestions include soup broth, jello, pudding, yogurt,
applesauce, ice cream or fruit juice.***

7. Regular check-ups and cleanings are recommended to insure that the crown and underlying tooth structures are healthy.
8. If you have any questions, please do not hesitate to phone our office.