

Children's Dental Village
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Posterior Stainless Steel Crown Homecare Instructions

1. Posterior stainless steel crowns are durable but do require some food restrictions.

Listed below are a few examples of foods which may cause damage or cause the crowns to loosen:

Sticky foods: taffy, caramels, gummy candies, bubble gum, fruit roll-ups, licorice, jolly ranchers or other sticky substances.

2. Accidents involving bumps to the restored teeth can cause the crowns to come off.

Please be careful!

3. Brush and floss the stainless steel crown using a soft toothbrush as you would your natural teeth, concentrating at the gum-line.

4. If a posterior (molar) crown is placed on a baby tooth it will fall out on its own like a baby tooth normally would.

5. If the stainless steel crown should become loose or completely come off the tooth, please save the crown. Phone the office as soon as possible so this can be evaluated.

6. Your child may have been given a local anesthetic for their dental treatment. Children do not always understand the sensation of being numb.

Please watch your child carefully as they may bite, chew or suck on their lip, tongue or cheek and may cause painful wounds in their mouth.

We recommend a soft diet until the numbness wears off.

Soft food suggestions include soup broth, jello, pudding, yogurt, applesauce, ice cream or fruit juice.

7. Regular check-ups and cleanings are recommended to insure that the crown and underlying tooth structures are healthy.

8. If you have any questions, please do not hesitate to phone our office.